

robin vv wood

Activity Centres

Gayton Primary School- Year 6



Wednesday 15th March 2023- Friday 17th March 2023



Exceptional

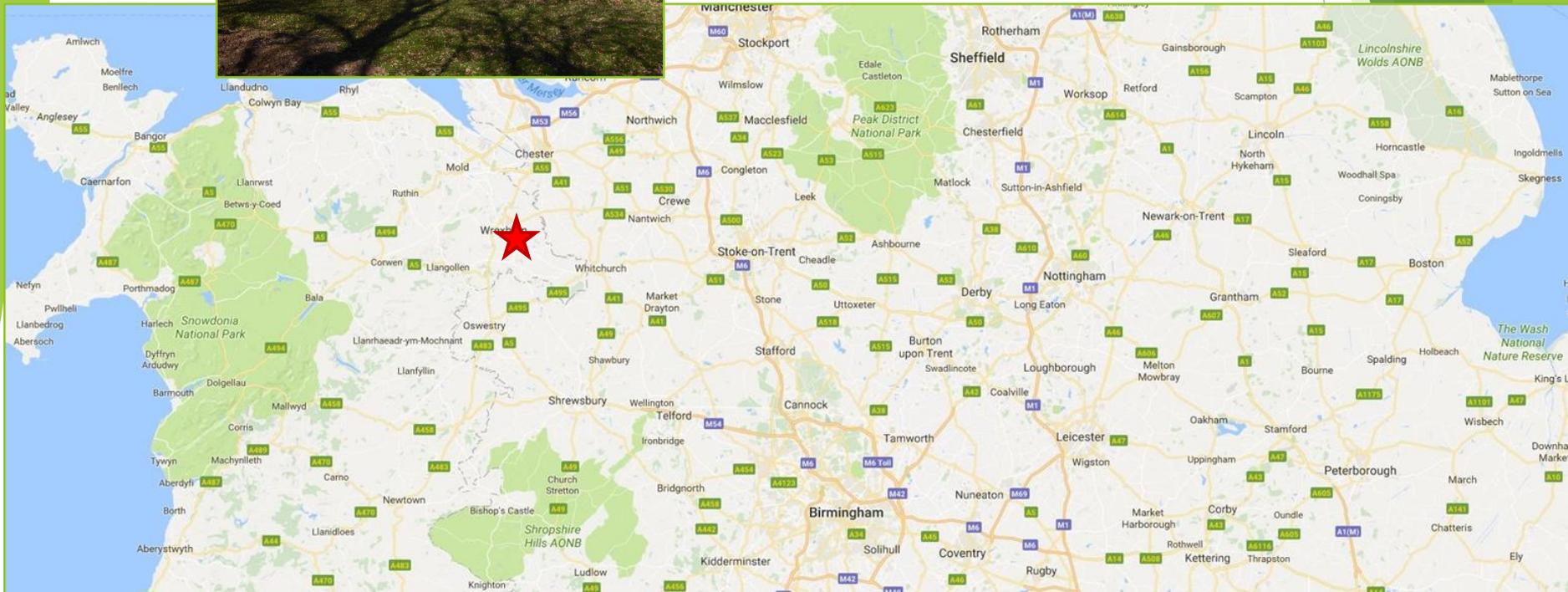


robin **vv**vv **wood**
Activity Centres
Cross Lanes





Maes y Nant Marchwiel, Wrexham



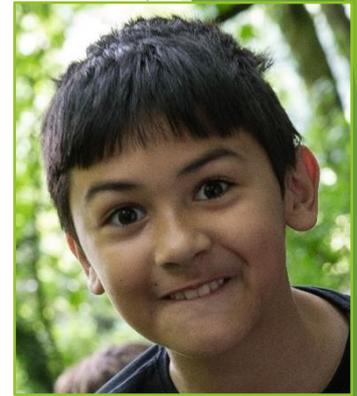
robin **vv** wood

Activity Centres





robin **vw** wood
we make
a really positive
DIFFERENCE
developing children



1

HOW?

THE VERY
best staff



2 HOW? the same GROUP leader



3 HOW? JUST FOR KS2



4 HOW? 24 HOUR CARE



5 HOW? the ultimate TIME TABLE

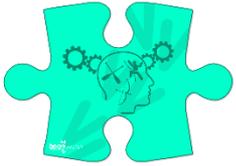


6

HOW?
focussed on
YOUR
PRIORITIES



Qualities For Development



Developing Skills



Resilience



Problem Solving



Confidence



Cooperation



Patience



Respect



Responsibility



Communication



Listening



Support



Encouragement

School staffing

- Mrs McAleny
- Mrs Jones
- Ms Ashcroft
- Mrs Rigby
- Mrs Dickinson



Introductory Talk From The Course Leader



Children's Dormitories

The biggest has 10 beds. The smallest has 4 beds.



What to bring?

- Just the items on the kit list supplied.
- Old clothes are better!
- Please name everything.
- Leave valuables at home – electronics, cameras, phones & watches etc.



What To Bring?

- All specialist equipment is provided on sessions.
- Waterproofs and fleeces are available for cold and wet weather.
- Sun-cream and hats are advised for warmer weather.



Clothing items

- Water Bottle
- 4 Comfortable long-sleeved tops (sweatshirts/jumpers/hoodies/fleeces)
- 3 T-shirts (not vest type)
- 3 Pairs of trousers (not restrictive; sportswear is good/ideally not jeans)
- 1 Pairs of shorts (knee length)
- 5 Sets of underwear
- 6 Pairs of socks
- 2 Pairs of trainers
- 2 Towels
- 1 Waterproof coat
- 1 Warm hat
- 1 Pair of warm gloves
- 1 Set of nightwear
- 1 Bag of toiletries
- 1 Black bin liner

Clothing items

- There is a drying room and Robinwood also provide a laundry facility for children's clothing. All clothing is washed on a 30 degree cycle and dried in a tumble drier.
- Please do not bring any new or expensive items, or any items which can't be tumble dried.
- Due to the nature of the activities, it is possible that clothes may occasionally get damaged. All clothing should be suitable for use in outdoor and often muddy environments. Old clothes are the best.
- Outdoor shoes/boots- walking boots are ideal but if not an old pair of trainers would be fine. Robinwood provide wellies (no need to bring).
- Jeans are not suitable for activities- cold and restrictive when wet. Leggings/tracksuit bottoms are ideal.
- Warm gloves
- Labelled clothing- (name and school)

Things not to bring:

*No aerosol sprays are allowed at Robinwood as they will set off the fire alarm system as it is so sensitive.

*No food is to be taken on the trip.

*No mobile phones, ipads, any types of cameras (including disposables) expensive watches etc.



Food at Robinwood

- Breakfast- Toast and cereal is provided as well as a cooked breakfast.
- Lunchtime- wraps, sandwiches, fruits and yoghurts.
- Evening meal- curry, pizza, pasta bolognaise etc
- Break time snacks and drinks are available.
- Additional fruit is always available.
- Always a vegetarian option and regularly cater for special diets such as coeliac disease (gluten free) lactose free, dairy free and halal.
- Make sure you have communicated any allergies on the personal information form you will complete.



Code of conduct

- **Follow instructions given-** Many exciting activities take place at Robinwood. It is vital for everyone's safety and for the maximum enjoyment of all the activities, that everyone listens carefully to instructions given and follows these instructions.
- **Keep yourself and everyone else safe-** Throughout your stay make sure you behave in a way that keeps yourself and everyone else safe.
- **Challenge yourself-** Come along ready to have a go at all the activities, to challenge yourself and achieve as much as you can. No one will be forced to do any activities, that they really don't want to do but the children who get the most from the Robinwood experience will be those who have a really good go at everything.

Code of conduct

- **Be a good team member-** Many Robinwood activities rely on good team work. A good team member will always listen to others in the group, as well as putting forward their own ideas. They will be keen to help and encourage others, whilst setting a good example by taking full part in all activities themselves.
- **Take responsibility for your own property and jobs-** Look after your own clothing and any other items that you bring with you. Keep your dormitory clean and tidy. Work together with other children to keep the room neat and tidy.
- **Be helpful to others-** Offering encouragement and support to someone who may be a bit unsure about some of the activities. Listening carefully to other people's ideas and encouraging them.

Code of conduct

- **Respect other people's privacy and property-** You should respect the property of Robinwood Activity Centre, including the buildings, the equipment and the grounds. Also respect other people's property, including all the items they bring with them to Robinwood. Do not enter anyone else's dormitory or look in any one else's bag. In your own dormitory, you should not go onto anyone else's bed.
- **Be a good ambassador for your school-** Create a good impression of yourself and your school. It is important that you respects the rights, dignity and worth of all children attending Robinwood regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity. Good behaviour is not only important during the day, it is also important at bedtimes and overnight when you will need to get a good nights sleep.

Timings

*Children to arrive at normal time of 8:40am- 8:50am on the morning of the trip.

*Parents are free to wait to wave off the coach if they are able to do so. Approximate time of departure is 9:30am.

*Will be leaving Robinwood at around 1:30pm on Friday 17th March 2023. Will send a message to parents with expected arrival time at school (traffic dependent) and parents are free to come and collect your child earlier from school or we can keep them until home time.



Medication and allergy information.

- *All medication must be handed to a member of staff on the morning of departure.
- *Instructions for administration must be included.
- *Vital that any changes regarding medication are updated and shared with school.



Activities at Robinwood



Our Priorities

- Safety
- Enjoyment
- Learning

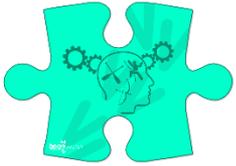


Challenge By Choice

- Try new things
- Encourage each other
- No one is forced to do anything



Qualities For Development



Developing Skills



Resilience



Problem Solving



Confidence



Cooperation



Patience



Respect



Responsibility



Communication



Listening



Support



Encouragement



Abseiling



Giant Swing



Crate Challenge





Climbing



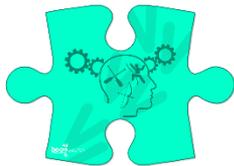


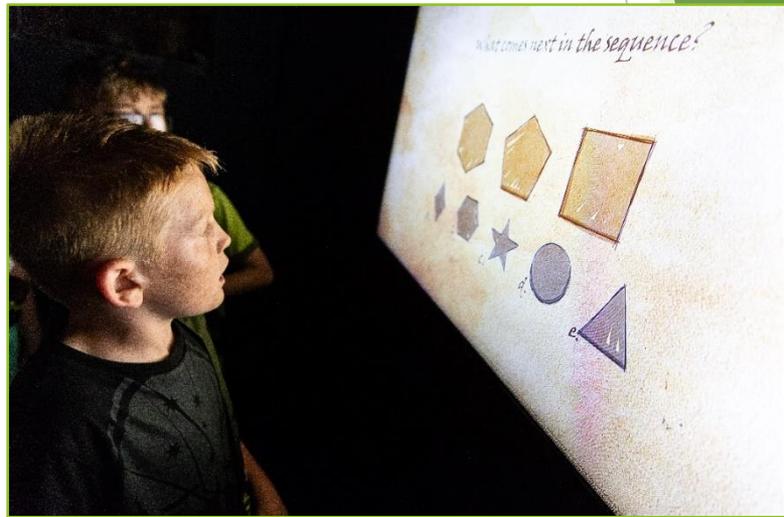
Trapeze





Archery





Quest challenge

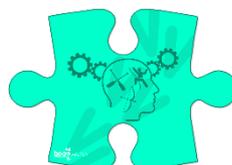
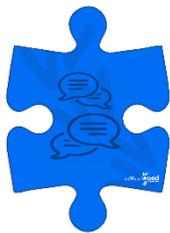


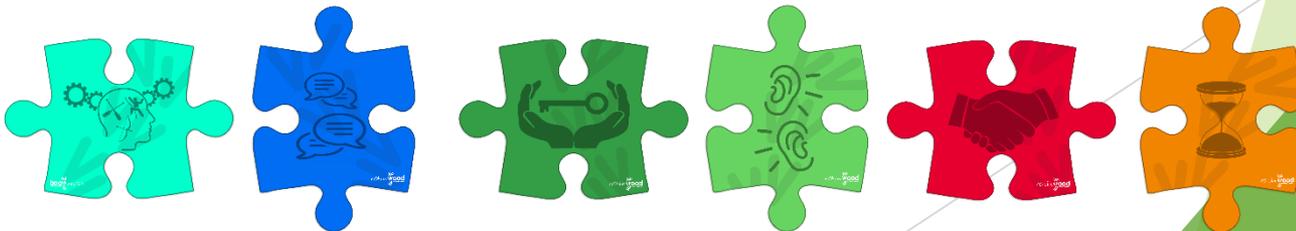
Indoor
caving



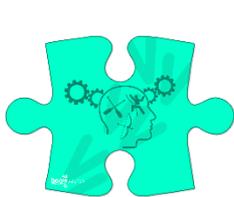


Team
challenge



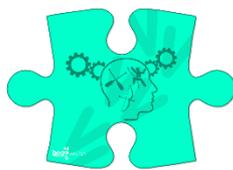
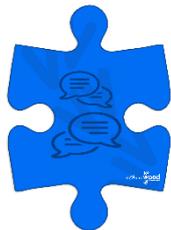


Canoeing





Night line





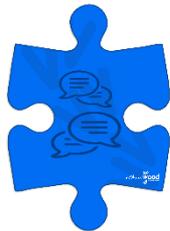
Challenge course



Piranha Pool



Team Challenge



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